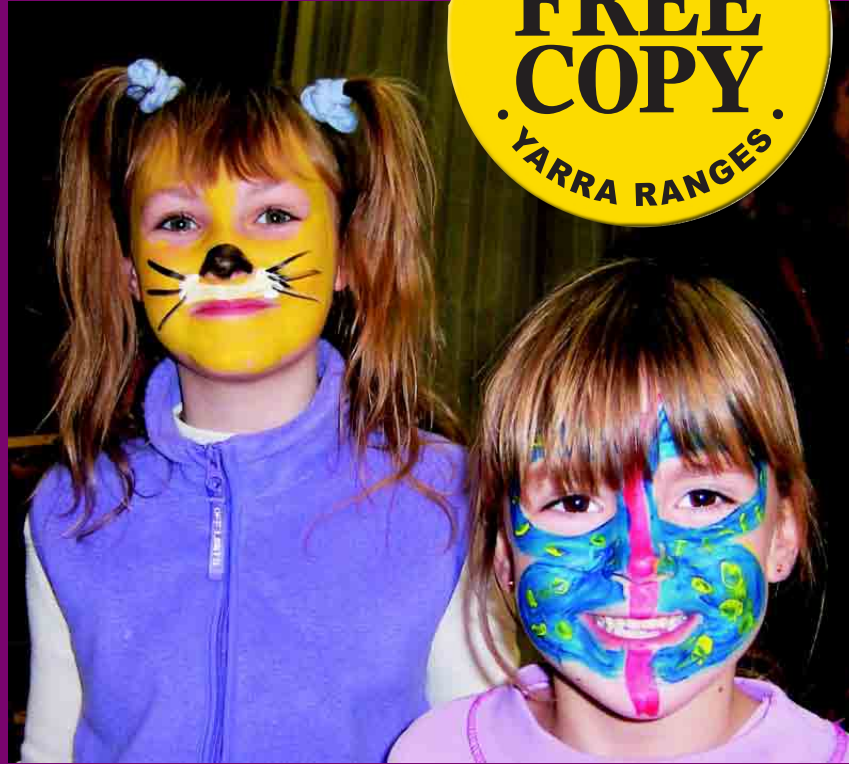


LIVING TODAY

IN MOOROOLBARK

DECEMBER 2003
FREE COPY
YARRA RANGES



School Holiday Program **FAMILY FUN DAY** Mooroolbark Community Centre

BUILDING A STRONGER COMMUNITY

In this issue of **Living Today in Mooroolbark** the focus of our lead article is on community participation. It points to the opportunity being presented to all of us to participate in developing a clear vision and specific action plans for the future development of our local community.

It recognizes the significant benefit to be had in partnering together, drawing on various strengths and connecting more efficiently to ensure the future well-being of all who make up our neighbourhood.

These concepts may be new and challenging to some but they have long been a “way of life” for some others.

For those of us participating in the production of this magazine, one of the great pleasures associated with this task has been the opportunity to meet with and come to better know so many local contributors to community life. So many who demonstrate a heartfelt commitment to helping make our community a better place for all.



Whether it be as individuals or as members of service organizations, various clubs, businesses or in the course of their employment, so many contribute to the community life that we all enjoy.

In speaking with many of them, a common theme is expressed –the enjoyment and sense of achievement and fulfillment gained from participating in activities which are “bigger than themselves” and which benefit others around them.

We, once again, salute the hard work and significant contribution of all who help and serve our community in so many ways.

If you have a story you would like to share about others who are helping to build and sustain a stronger, more united community in Mooroolbark, please contact us with the details.

Our production team extends to all our readers, very best wishes for the coming festive season.

Doug Lewis
Editor

MISSION STATEMENT

To contribute to, and help foster, a “growing community spirit” within our neighbourhood.

WE SEEK TO ACHIEVE THIS BY ...

- Highlighting the many positives within our community;
- Encouraging partnership in community initiatives;
- Contributing to the process of identifying and addressing community needs and concerns.

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LIVING TODAY in Mooroolbark

Production

‘Living Today in Mooroolbark’ is produced by a group of volunteers.

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It is published as a community service by Mooroolbark Christian Fellowship.

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Like to Contribute?

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FUTURE DEVELOPMENTS IN MOOROOLBARK

Some of the most successful community initiatives in recent years have been achieved when people in townships have together developed their common vision for future community development.

With community consultation, the Shire of Yarra Ranges has produced a dynamic document called **Vision 2020**.

This document provides broad guiding principles for *long-term* planning in our communities.

Mooroolbark has the opportunity to carefully plan for our future by using the themes described in **Vision 2020**:

- Social fabric and quality of life
- Environmental stewardship
- The built environment
- The local economy
- Tourism and culture
- A living and learning community
- A safe and accessible community

Recently, our community has been both interested and involved in the development of the draft **Mooroolbark Urban Development Framework**, which focuses on improvements to the physical environment of our township.

As useful as these improvements will be, it is vital that we now give serious thought to how our community will develop over the next 5, 10, 20 years.

For instance, within the theme: *Social fabric and quality of life*, one aspect we could discuss would be “community well-being”.

What is “community well-being”?

How do we rate “community well-being” in Mooroolbark now?

What qualities of “community well-being” would we like to retain or develop within 5, 10, 20 years?

What steps do we need to make our plans for “community well-being in 2020” become reality?

Living Today in Mooroolbark will help facilitate discussions soon about these questions. Your opinions are important. We'd appreciate your views – either in writing – or as a participant in future discussions.

Randall Bouchier



Please send your views to randall@smart.net.au and if you'd be available to join with others from Mooroolbark to work through these questions together, contact us via email, or telephone our office on 9726 8898.

“You can change the future...or you can...allow whatever happens to happen. You can create your destiny. However the cost is high...people...(must) give up their time and energy to make things happen...It means putting aside individual differences to work together for the good of the community. It means working together...for the future...to make it happen. YOU CAN DO IT. PEOPLE ARE DOING IT.”
(McCall: *Small Town Survival Manual*)

Let's have your thoughts, and your involvement so that together we will build Mooroolbark's future the way we want it to be!

Looking forward to hearing from you!

Randall Bouchier



In a recent press release, Mayor Alan Fincher was quote as saying, “In **Vision 2020** we have a wonderful document that identifies the needs and aspirations of our community – a blueprint for the future”. He noted that if we, as a community, decide on where we wish to go, there is a good chance that we will get there.

Vision 2020
Yarra Ranges

Healing Hands

Dr. Pauline Walsh first trained as a nurse and after 15 years decided there “had to be a better way” to help people obtain and maintain better health. This was the driving idea behind Dr. Pauline Walsh becoming a chiropractor. Pauline came to Mooroolbark one year ago and set up her clinic in Manchester Road after practising in the country for a number of years.

Chiropractors look at the relationship between the spine and the nervous system. Nerves control all body functions and most nerves come off the spinal cord between the bones of your spine. If the spine does not sit or move correctly, it can affect your nerves, and that can affect parts of your body. Chiropractic is a method of treatment that adjusts the body structure (especially the spine) so that nerves function properly and therefore the body can function properly. For over 100 years Chiropractic has been used it has been shown to relieve back

pain, headaches, restricted body movement (neck, arms, legs), as well as ear infections, bed-wetting and many other conditions.

Dr Pauline Walsh practices a particularly gentle style of treatment utilising an activator along with Applied Kinesiology and other adjustment techniques.

She is keen to educate the community on the many benefits of regular chiropractic care and to have people understand the fundamental paradigm of chiropractic health care – that is to respect, care about and commit to each individuals holistic well being and emphasise the inherent recuperative power of the body to heal itself without the use of drugs or surgery. Chiropractic care is suitable for spines of all ages.

One of her ideas was to offer a complimentary “Better Health Workshop” to members of the community. The workshops main aim is to help each individual get the best results from chiropractic care, as well as how to have a healthier lifestyle.



Dr Pauline Walsh

Another is to offer free Spinal & Posture Screenings throughout the year to check people’s spinal health.

Better Health Workshops are held on alternate Wednesdays between 6.45 and 7.15 pm. Bookings are essential and can be made by contacting the clinic at: 56 Manchester Road, Mooroolbark on 9726 7400.

Sgt Fay Daniel Receives Police Award

Congratulations to Mooroolbark police officer, Sergeant Fay Daniel, who recently received the prestigious Australian Council of Women and Policing’s **Bev Lawson Memorial Award**. The award recognizes Sergeant Daniel’s outstanding work as family liaison officer in our area.

In nominating Fay for this award, Senior Sergeant Tom Steele, of Mooroolbark police referred to her significant contribution to the needs of women both in our community and within the police force. He explained that Sergeant Daniel’s role involves responding to violence against women, liaising with various community and family groups, and training others police officers in dealing with family matters.

She is also involved with a group which works alongside the Ringwood Magistrate’s Court to



Sergeant Fay Daniel (above), who was nominated by Senior Sergeant Tom Steele (below)



seek ever-better ways to deal with family issues. Last year she represented Victoria Police at a Human Rights and Equal Opportunity Commission Conference in China.

We thank Fay, and all of our local police officers, for their dedicated service to our community.

Mooroolbark Pioneers

In 1948, local residents George and Mary Shaw, with their three young children moved into Mooroolbark as share farmers. At that time, Hull Road was a winding dirt track traversing farmland stocked with sheep, cattle and horses.

On arrival, the removal van bringing their possessions from Geelong, became bogged on the land they were to farm, and had to be towed out of plough furrows by a neighbouring farmer.

After their three-year dairying contract had expired, the family moved to a double block on Hull Road next to where the Church of England now stands. George and Mary housed their family on the property in a Myers shed and a 16 foot tent whilst they built their own home. Mary cooked outdoors in all weathers, on a wood-burning stove

that George had enclosed in brickwork.

Meanwhile, George worked a combination of part-time jobs - relieving dairyman, chainman for a local surveyor and renewing car upholstery. In his spare time, he built the house. After a year the family was able to move in to their new home, although much of the finishing work was yet to be completed.

Happily married for over 63 years, and now living in Walmsley Friendship Village, George and Mary fondly recall their hard work and the helpfulness of friends and members of their church as they established themselves in the area. Musing back over their lives, George summed up, gratefully: “We’ve had a wonderful life together!”



University of the Third Age (U3A)

Several years ago Angus McIntosh was made redundant and was faced with a problem that many of us have in similar circumstances including early retirement. The problem of what was he going to do with his time? He and his wife Evelyn travelled around Australia, got involved with local community, became members of many and various societies and enjoyed their hobbies. But still something was missing... Enter U3A!

What is the "UNIVERSITY of the THIRD AGE" or U3A as it is commonly known as. In a nutshell it's, "A time of creativity and learning for older people." U3A is a self-help educational and hobbies activity format.

They joined the Lilydale U3A, one of many U3A's in our suburbs and started a "build your own computer" course and furthered one of their hobbies, Genealogy.

Mooroolbark U3A has 250 members and covers activities and interests from Art to Fitness, History to Music, House and Garden to Philosophy. In fact U3A caters for all interests and activities that you might like to be involved in, your limit is your imagination.

U3A is designed to allow senior citizens to have an outlet for their creative abilities and/or learning needs. It is a good way to remain active with like-minded friends



Angus & Evelyn McIntosh

when you become redundant or retire. As Angus said: "There is no reason for anyone to be bored in retirement."

To join U3A will cost you approx. \$25.00 per year. Your area contact is Joan McDonell, Telephone (03) 9730 1619. Email: coljoan@celestial.com.au

Celebrate Mooroolbark 2004

This will be our third year of celebrating all that is good in Mooroolbark and district. Plans are currently being formulated to ensure that this event is 'better than ever' in 2004.



Marita Hearn

Sharon Turner

Individuals, groups or clubs in the local area are invited to become involved in this special time of community celebration. There are many ways to participate and to contribute. Contact your Community Centre for further information: Sharon Turner or Marita Hearne Tel. 9726 5488 or email mooroolbarkcc@yarraranges.vic.gov.au

Gymbaroo The fun way to learning

Gymbaroo is a fun way for young children to learn, through play, physical activities, music, singing and dancing. It seeks to assist the total development of all children participating in the program – contributing to the areas of motor, spatial and relational development whilst fostering social and communication skills.

At the same time it offers a valuable social network for parents of children involved.



Marion & Karen Stott

The comprehensive Gymbaroo program is offered at the Mooroolbark Community Centre on Tuesdays and Wednesdays from 9.30 am to 4.00 pm.

Approximately 250 children, aged from 6 months to 6 years, take part each term. The cost is \$140.00 per term.

Gymbaroo is a franchised program operating in over 70 centres around Australia and in Asia. It was started in Mooroolbark in 1984 and is run by Marion and Karen Stott.

For further information about this comprehensive program, please call and speak to Marion or Karen at the Community Centre.



Family Fun Day

Despite a cold and wet start to the day, the sky cleared and a large number of parents and young children were able to enjoy this special day in the September holidays. The day of free activities for young children was offered by the community centre in partnership with Mooroolbark Christian Fellowship. Activities for the day included: a farm animal enclosure, jumping castle, face painting, hair decorating, balloon sculpture, card making classes, and Gymbaroo. A special feature of the day was a 'Walk for Kids' – a walkathon to raise funds for the local chaplaincy in primary schools program. A big thankyou to our local sponsors for their much appreciated contributions to the success of the day.

School Holidays Program



- Briteway Window Services
- Rocky the Cobbler
- Red Earth Garden Supplies
- Goldup Nurseries
- Coles Mooroolbark
- Sweet Welcome Tea & Coffee Shop
- Brycees Tavern – Mooroolbark
- Video Ezy - Mooroolbark
- Ed Fleming Lanes
- Frazer & Ryan Pharmacy
- McDonalds Mooroolbark
- LJ Hooker Real Estate
- Mooroolbark Cards & Gifts
- Flora Sculpt

CARING FOR OUR NEIGHBOURS

In the lead article on page 3, we invited community members to respond to several questions about our future vision for 'community well-being' in Mooroolbark.

Part of the Biblical vision for Christians is to care for those who struggle to care for themselves. Widows, orphans and strangers were some groups mentioned in Biblical times.

Jesus Christ was emphatic about our obligation to care for our neighbour in the same manner that we'd want to be cared for.

Sometimes, we find it much more convenient to give money to worthy causes, instead of giving our time. We can give a donation without getting involved, whereas actively helping others lets us build positive, useful friendships with them.

Genuine care for our community should translate into action. James explained that we should demonstrate faith by what we do!

Jesus calls on Christians to be lights in their communities through caring service of others.

In Mooroolbark, some community groups are desperate for volunteers. Schools need helpers. Some churches tidy parts of our environment. Others visit 'shut-ins' or provide respite for supportive families that need a break. Some are able to foster or mentor children at risk.

It's not hard to find ways to lend a hand in our community. Those who help others

often discover enormous joy and satisfaction!

And one more thing! Please 'lend a hand' as we work through the process of developing our vision for Mooroolbark for the next 5, 10, 20 years. Let's know your responses to those questions on page 3!

Free Family Film Night



Our next free Family Film Night will be held on Wednesday 21 January 2004. This will be an outdoor twilight show (weather permitting). The usual free ice-creams will be available plus the sweet canteen. In addition, a Sausage Sizzle will be offered. For further details and bookings, contact the Community Centre on 9726 5488.

Provided by Mooroolbark Christian Fellowship in partnership with Mooroolbark Community Centre.

QUALITY AFFORDABLE TOURS



For destinations, contact 9831 7000 or christianfellowshiptours.com

11am - 4pm
SATURDAY
FEBRUARY 28, 2004

KIDS DAY OUT

ENTRY: \$15 per car or \$5 per person

FREE CARNIVAL RIDES!!

HOT & COLD FOODS AVAILABLE!



AT:
LMC
Old Melbourne Rd,
Chir inside Park

PHONE: 9726 8 111
Kids Day Out is a drug & ALCOHOL free event

MUSIC TOGETHER

A Music & Movement Program
for Young Children & their Families

Infants ♪ Toddlers ♪ Pre-schoolers ♪ Parents ♪ Care-givers
Songs ♪ Movement ♪ Instrument Play Dancing ♪ Relaxing

Facilitated by a Creative Arts Therapist

St Margaret's
Uniting Church
219 Hull Road
Mooroolbark

Starting in 2004,
each Wednesday
in Term time
9.30am to 11.00am

This community based program is very popular in many churches.

Registration Forms are available from the church.

The fees are \$50 for a 10 week term.

Enquiries ring 9726 9347 or 9723 9225

DISABLED? Looking for Company?



Enjoying a meal with some friends

The **Disabled People's Company** meets weekly, on Wednesdays from 10.00am to 12 noon at the Mooroolbark Community Centre. If you are disabled and looking for company and support, why not join us? Carers are welcome also.

Take the opportunity to get away from the four walls, meet new friends and enjoy a delicious morning tea and a chat with people who understand your circumstances.

As well as the opportunity to share life's experiences, the **Disabled People's Company** can also assist you to solve difficulties and problems related to your disability and to help you identify and find the best resources to serve your needs. The cost, including morning tea, is \$2 per session. For further information Tel. Elsie Bolwell 9726 4004.

EASTERN FM 98.1 In Tune With The Outer East

Did you hear the story of Peter McArthur, Gerald Smart and Herb Lilburn who founded the EASTERN FM 98.1 Community Broadcaster? Well, in an interview with Peter McArthur, I discovered that our terrific community radio station went 'on line' 13 years ago, on Sunday 24 February 1991 and has not been off the air since. It had taken **16 years** before that Sunday, of lobbying the then government, 17 test transmission broadcasts over the 16 years and writing press statements to the media saying "don't give up on us we're still here" to finally get the broadcasting license.

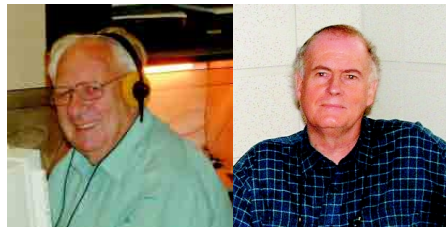
The government had insisted on a concept that had to be totally different from the usual all music commercial formats. So, with free local community information, then music and paid sponsor advertising, the new concept was born.

Free Broadcast Announcements

EASTERN FM 98.1 Have a Community Service Announcements Register. This is a free service to advertise upcoming community events, several times a day for up to 3 weeks or more. Anyone involved with the event can write up the 30-second (max) promotional text and drop it into the station's office. And this will be broadcast free over the huge EASTERN FM 98.1 broadcasting area.

Disaster Strikes!

Just after midnight on 8 July this year disaster struck. At 1.00am the all night tape stopped...



Presenter Brian Amos
broadcasting live from the 'broom cupboard'

Peter McArthur
original founder and ex-Mayor of Croydon

because fire had broken out and destroyed the studio. By 9.00am that morning the fire was out. Then a 'loop' tape was made apologising for the fire and non-broadcasting of EASTERN FM 98.1. This was to be broadcast directly from the main antenna on the hills behind Maroondah Hospital.

By 4.30 pm that afternoon the original old 'broom cupboard' studio next door was up and running and if you missed the tape loop you would not have known anything had happened. And this very cramped area is where our community radio station has been broadcasting from since the fire. The new refurbished studio will be completed soon and all the **unpaid** presenters will enjoy broadcasting again from these up to date new surroundings.

Phone: 9722 9981 and 9724 9888
Fax: 9723 7305
Mail: Locked Bag 981, Croydon 3136
Address: Wyreena Community Arts Centre,
23 Hull Road, Croydon 3136

Fundraiser Auction

Mooroolbark Traders & Community Group

Mooroolbark Traders & Community Group wish to thank all of those who attended our Fund Raising Evening, on Saturday 25 October. Unfortunately the attendance on the evening was quite disappointing - especially in light of the significant amount of advertising that was done. We hope that future fund-raisers will attract greater support so that the proceeds, which go directly into improvements in our township, can be raised as needed. Any support you can give in this matter will be greatly appreciated.

Everyone who did attend certainly enjoyed themselves and were able to



snatch up some great bargains throughout the auction. To all who assisted in the preparations, the traders and general public who attended and those who so generously donated items for our Auction, we say a very big 'Thank You'.

Mooroolbark **Community Bank**™ Branch  **Bendigo Bank**

Supporting The Local Community.

Tournament of the Minds Competition Billanook College Advances to State Final after Win in Regional

Tournament of the Minds is a problem-solving educational program for teams of students designed to challenge creative and divergent thinkers. It is sponsored by Swinburne and La Trobe University

Billanook College's Secondary Team comprising students from Years 7 and 8 won the Regional Competition in Mathematics and Engineering. The team was set a long-term challenge (five weeks) and a short-term spontaneous challenge.

For the long-term challenge the team had five weeks to design the tools necessary to construct a rope from six cotton balls which would then be able to lift a mass of up to five

kilograms. The Team was judged on creativity, ability to work as a team and the solution they found to the challenge.

The spontaneous or short-term challenge was given to the team on the day of the competition by the panel of judges. The team then had four minutes to discuss and solve the challenge and one minute to present the solution.

Following their win in the Regional Competition the team went on to compete in the State Championships to be held at La Trobe University where they performed very well. Congratulations to all involved.

Challenging young minds at Billanook College



Young Archery Champ



Congratulations to Robert Carter, nine year old student at Rolling Hills Primary School, who won gold at this year's state indoor competition and is the current U/10 state champion in his sport of archery. Recently Robert shot a state record for his age group with a score of 263 out of a possible 360, an amazing improvement on the previous record of 166. He shoots league every Friday night and practices most Saturday afternoons using his mini-bow, especially suited to his age-group.



Archery is a real family affair for the Carters. Robert shoots together with his mother his father and his grandfather and older brother Richard who is the current U/12 state champion. Robert also has a keen interest in soccer and plays for Mooroolbark soccer Club's U/9's team. Well done Robert!

The family is involved with the establishment of Yering District Archers, a new club being formed in the area. The club meets in Macintyre Lane near the Lilydale airport. Anyone interested in finding out more about the club is invited to contact club president, Jarrod Alston on 0414 66 3125.

CAROLS BY CANDLELIGHT

PRESENTED by THE LIONS CLUB OF MOOROOLBARK

7.30pm Friday 12 DECEMBER 2003
HOOKEY PARK ROTUNDA

COMPERE: MR. ANDREW CONWAY

SUPPORTED by THE COMBINED CHURCHES of MOOROOLBARK



FEATURING :

- ★ THE CROYDON CITIZENS BRASS BAND
- ★ ROLLING HILLS PRIMARY SCHOOLS CHOIR
- ★ BIMBADEEN HEIGHTS PRIMARY BAND & CHOIR
- ★ MOOROOLBARK BAPTIST YOUTH SINGERS